



02 July 2017

4 Tomatin Road

Inverness IV2 4UA

Tel: 01463 233310

or 224477 (The Light House)

email: office@hiltonchurch.org.uk

web: www.hiltonchurch.org.uk

Welcome!

If you are visiting with us today, please stay after the service (**10.30am**) for tea/coffee which is served in the large hall.

Pastoral Care Team - The Care team's role is to provide help and support in various ways.

If you or someone you know needs assistance please contact:

Margaret Lamond (tel:225494) or email: maggielamond162@gmail.com

Caroline MacDonald (tel:230278) or email: edenhouse@btinternet.com

Church Office (tel:233310) or email: office@hiltonchurch.org.uk

Lectionary Readings:

02 July	Psalm 30 (John 6:67-69)	23 July	Ephesians 2:11-22 (Matthew 28:16-20)
09 July	Psalm 150 (John 4:24-26)	30 July	Ephesians 4:1-16 (John 15:1-4)
16 July	Ephesians 1:1-14 (John 14:25-27)	6 Aug	Ephesians 6:10-20 (Matthew 10:28-31)
		13 Aug	Psalm 46 Acts 2:37-42

Summer Sunday Club: A sign-up sheet for Summer Sunday Club is in the link corridor. Please add your name if you are able to help. There are still some spaces to be filled.



Hilton Church Toddlers: Our baby & toddler groups meet in the large hall from 9.30 – 11.15. The dates for Summer Toddlers are:

Mondays - 10th July, 7th August and 14th August

Fridays - 7th July, 14th July and 11th August

All parents and carers are very welcome.

Time Out: The next Time Out is on Wed 16th August. Start time 10:00. Crèche provided. Everyone welcome! Cards with the dates are available in the foyer.



Afternoon Tea: The next monthly afternoon tea for over 60's will be on Wednesday, 20th September at 2pm.

House Groups: There are currently 2 evening house groups meeting to study bible passages and share fellowship together. If you would like to know more or would be interested in joining one of these groups contact details are below:

- Fortnightly on a Thursday - Peter Naulls (tel: 234208)
- Fortnightly on a Wednesday - Carolyn Cload (tel: 713799)

Thank You: Ruth Shepherd would like thank everyone who bought cards and donated towards her fundraising for the Parenting Groups. The sum of £115 was handed over to Simeon to help fund summer activities for the groups.



Foodbank: If you are able to donate during July & August, the following items will be greatly appreciated:

Tins of Fruit Tins of Tomatoes Tins of Custard Tins of Corned Beef

Donations of supermarket 'Bags for Life' are also extremely useful.

Donations can be placed in the container in the Church vestibule. The Blythswood Care Superstore on Harbour Road also receives donations from Mon to Sat, 9am to 4pm.

The Foodbank has vacancies for volunteers at their centres in Hilton and Madras Street in Inverness. If anyone from the church has a couple of hours to spare each

week/fortnight please contact Lorna by e-mail: lorna.dempster@blythswood.org or mobile 07875 332696

Church Flowers: The flower arranging team are looking for more folk to join them. If you would like to get involved with arranging the flowers from time to time, please speak to Audrey Whyte or one of the other members of the team.

Please remember to check the board in the foyer as a reminder to pass your donation for the flower fund to Audrey or to the church office.

If you are aware of anyone who would appreciate receiving flowers, anyone who is unwell, bereaved, celebrating etc please let the care team or flower team know. Thank you.



MAF: The following message was received from MAF following receipt of the funds collected via MAF Boxes.

"Thank you so much for sending us a cheque for £220 to us in Glasgow from our supporters at Hilton Parish Church. This is a tremendous sum to have collected in the MAF boxes. Please pass on our sincere appreciation to everyone.

Without the practical and prayerful support of friends like yourselves MAF simply could not function as it does taking help and succour to some of the neediest people on earth."



Kinship Group: DOMINOES! Are you a fan? Want to learn? Just want out of the house to meet people? Are you over 50? We hold a Dominoes afternoon on the last Thursday of each month (this month – 27th July) in the

Light House from 1.30 to 3.30pm. You don't need to play, just come and enjoy some company, blether, a cuppa. Want to know more tel: Margaret (Johnston) - 07564 840257 or Wendy - 07856 873382 or email kinshipclub16@outlook.com



HTC Graduation & Awards Ceremony: Monday 3rd July, 2pm, Castle Street Church, Dingwall

Guest speaker: Rev Prof Andrew T B McGowan, Minister of Inverness East Church and former Principal of HTC. All welcome, you don't have to be an HTC student to attend. If you are able to join us it would be good to see you there. If you can't join us please pray that the day will go well and that God's richest blessing will be on the new graduates.

Please extend this invitation to others in your fellowship or anyone else you think may be interested in the work of HTC.

Crossreach Job Vacancy: A position has become vacant in the Inverness office of Crossreach for a Receptionist/Administrator. For more details go to:
<http://www.crossreach.org.uk/receptionistadministrator-grade-1-inverness>



Football League for Men Over 35: A local minister is keen to set up a football league for men over the age of 35. There are 3 teams at present interested and he is looking to have a minimum of 6 teams involved. The aim is to have some fun, increase fitness and friendships. It is also an opportunity to reach out to the community and invite non church attendees. If anyone in the congregation is interested in getting a team together please speak to Jane for more information.



VOLUNTEER DOCTORS, DENTISTS & NURSES NEEDED: Vine Trust's Jubilee Hope Medical Programme urgently needs volunteer health professionals for its November trip to deliver vital health services to the Bumbire islands of Lake Victoria, Tanzania. The trip departs the UK on the 19th of November, returning on the 3rd of December. For more details please contact the office (health@vinetrust.org / 0131 555 5598) or apply online - <https://secure.vinetrust.org/trip>

REFUEL 17: The Filling Station Scotland is inviting Christians from all over the UK and abroad to come together for a summer family Festival of Faith upon the wonderful grounds of Gordon Castle Estate, on the banks of the River Spey from Sunday 23rd July to Saturday 29th July 2017. For more information go to www.refuelScotland.org.uk

Julian Meetings: These are groups of people who meet regularly in order to grow in the practice of contemplative prayer in the Christian tradition. The Inverness group meets on the first Wednesday of the month in the vestry at St Stephen's Church, Southside Road at 7.15pm. All welcome – if further information required see poster on noticeboard or speak with Iain Todd [791161].

Lift Sharing: One way of saving some money and also helping the environment is by cycling or walking to church. There are now 14 spaces in bike racks outside the church, so no excuses there. You could get fitter too! If you live too far away you could try parking a bit further away and just doing the last bit. You could also try lift-sharing. There are 2 different websites which offer matching. I've put up my journey on them, though if there are no matches I'll probably be on my electric bike! You could also have a bit of time for a chat on the way too and it could be a real help for folk who struggle to get to church once they can't drive. Anne Tomas.

<http://www.roadsharing.com/event/hilton-church-service>

<https://liftshare.com>

The Highlands Support Refugees: The Highlands Supports Refugees is still collecting clothes and shoes etc and needs volunteers to sort it.

<https://www.facebook.com/groups/thehighlandssupportrefugees/> You can see what sort of things they are particularly needing. If you'd like to bring things to Church to be taken on to the sorting centre in Conon Bridge I'll make sure they get them. It would be very helpful if bags could be labelled, 'men's, women's or children's'.

Any queries anne.katherine.thomas@gmail.com or Tel 01463731303.



SU Holidays: Bookings for SU Holidays 2017 are now open! These holidays for young people from Primary 5 – Secondary 6 are great places to build friendships and make new friends, enjoy excellent activities, eat great food and explore the Bible to discover more about Jesus and what it means to be a Christian. More information is available at www.suholidays.org.uk. This includes details of the holidays that Elaine Watt leads for Primary 5-7 children (Easter and summer) as well as the holidays led by Colin Carmichael for those in Primary 5-7 (summer), Secondary 1-3 (summer) and Secondary 4-6 (Easter).

Sermons Online: You can access a large archive of sermons from Hilton Church by clicking on the 'Sermon' link on our website (www.hiltonchurch.org.uk). Some sermons are also now available as podcasts.

Noticeboards: If you have any posters or notices which you wish displayed please place them in the tray on the lower shelf of the table in the foyer. Thank you.

Bulletin by email: If you would like to be added to the email distribution list for the weekly bulletin please let Jane know by sending an email to office@hiltonchurch.org.uk

If you have any notices for the bulletin please make sure they are in the office by 4pm on Wednesday. Thank you . Call 233310 or email: office@hiltonchurch.org.uk

This is the last bulletin for the summer period. The next bulletin will be on Sunday 20th August.

Dates for Community Meals

- 9th July (BBQ)
- 13th August
- 10th September
- 15th October
- 12th November
- 10th December (Christmas Dinner)