

## Methods of Payment

***The fee is required 2 weeks prior to the date of the course. This is non- returnable unless the course is cancelled by the organisers or in exceptional circumstances.***

### Methods of Payment: please tick

- Direct transfer
- Personal Cheque
- Credit Rated £125
- Non Credit Rated £75
- Charity/Public Sector £60

Direct Transfer to Listen Well Scotland:  
Clydesdale Bank plc  
Sort Code 82- 61-00  
Account No 20382112

Please Quote Ref No. **IVELF June '17**

Cheques should be made payable to:  
**Listen Well Scotland** and sent to

Maureen Wilson Tigh Choinnleach  
Victoria Street Nairn IV12 4HH

***Your place on the course can only be confirmed on receipt of this application form along with payment.***

We look forward to welcoming you on our course

Modern technology has totally changed the world of communication today. What has not changed, however, is the need at the deep personal level for every individual to feel that when they need it, their voice, their story, their concern is listened to.



*You may also like to visit our website to find out more about the work of Listen Well Scotland*  
[www.listenwellscotland.org.uk](http://www.listenwellscotland.org.uk)

Or follow us on Facebook  
[www.facebook.com/listenwellscotland](https://www.facebook.com/listenwellscotland)  
<https://twitter.com/ListenWellScot>

*Listen Well Scotland is a registered SCIO under Scottish Charity Number: SC044382.*

## Effective Listening

*for life health and community*

### Foundation Course

**15th & 16th June '17**

**Inshes Church  
Inshes Retail Park  
Inverness IV2 3TW**

### APPLICATION FORM

## Effective Listening – FOUNDATION Course

**Date** Thurs 15<sup>th</sup> & 16<sup>th</sup> June 2017

**Time:** 9.30 – 17.00

### Cost

**Individuals** £75

**Third/Public Sector** £60

**Private Sector** £100

**Credit Rated** Additional cost of £50

*Teas and Coffees are provided but you are asked to make your own arrangements for lunch. Both Raigmore Hospital and the Retail Park have several facilities*

### Course Venue

**Inshes Church**, Inshes Retail Park IV2 3TW  
(opposite Matalan)

*You will be sent an email confirmation of your place on the course on receipt of your application and course fee.*

*2 weeks prior to the first day of the course, you will receive further information.*

This course provides the opportunity to:

- learn and practise the skills of active listening using a specific approach.
- explore the place of compassion, vulnerability, trust and confidentiality within a listening context.
- recognise the importance of listening for health and wellbeing
- develop yourself as a listening person
- consider how you might use listening in the future

### Credit Rating (Edinburgh Napier University)

This course also provides participants with the opportunity to gain a credit rating of 10 credits at SCQF Level 5 by attaining the required standard on the additional components of both practical and written assessments. The credit rating will include an additional cost of £50

For further information please contact: Maureen Wilson [maureen@listenwellscotland.org.uk](mailto:maureen@listenwellscotland.org.uk) or phone 01667 451865



## EFFECTIVE LISTENING – FOUNDATION

15<sup>th</sup> & 16<sup>th</sup> June 2017

(Please PRINT )

**Name**.....

**Address**.....

.....

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**Post Code**.....

**Tel No**.....

**Email** .....

**Reason for application**

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**Any special requirements (please specify)**

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**Are you willing for your details to be retained by Listen Well Scotland for their purposes only? (Please tick and sign)**

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